INLINE SPEED SKATING
WORLD HOUR RECORD
EVENT CRITERIA

WORLD SKATE

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PREAMBLE

The World Hour Record is the record for the longest distance skated in one hour from a stationary start, on a World Skate homologated track, during a special attempt. Inline Speed Skaters attempt this endurance race record alone on the track without others competitors present.

This document contains all the instructions, procedures and rules that the Applicant must comply with, from its inception to its dissolution to organize the Inline Speed Skating World Hour Record.

APPLICATION

The applicant must submit a formal request to World Skate at: sportsdepartment@worldskate.org through his National Federation, at least 2 months before the date scheduled for the event, indicating the place, date and time.

LANGUAGE OF THE EVENT

The official language of the event is English.

All communications, graphics, guides, writings, signage, announcements, commentaries and so on, shall be made in English. The Host may use as a second language, the one of the Host Country, but English shall be always used as the first language.

INLINE SPEED SKATING WORLD HOUR RECORD

EVENT CRITERIA

1. SPORT AND VENUE REQUIREMENTS

The following requirements are essential in the organization of the Hour Record Attempt: the characteristics of the track to be followed are the best guarantee for a perfect and successful development of the event. See Annex A.

1.1 OFFICIAL COMMUNICATION

All the communications concerning the event and addressed to all the Member Federations shall be edited by World Skate and published on its website in the relevant section.

1.2 CATEGORIES

Inline Speed Skating Hour Record shall be held by:

- Senior Men
- Senior Women

1.3 INSPECTION

If necessary, World Skate shall schedule inspection/technical visits to supervise the selected venue and to support, and advise the Applicant in the organization.

The Applicant shall provide resources to cover the costs of travel, board and lodging and transportation for the World Skate Manager in charge of carrying out the inspection.

1.4. INFRASTRUCTURES AND VENUES

The World Hour Record, being a World Skate competition, must be organized using materials and equipment required by World Skate:

- Floor
- Electronic timekeeping system
- Electronic results screen

The Host shall provide tracks certified by World Skate, that meet all World Skate technical requirements in relation to:

- Surface
- Dimension
- Adherence

- All safety and health requirements for all participants

A complete list of the technical requirements for the homologation of all the new Inline Speed Skating tracks (either permanent or temporary) are listed in the Annex A.

2. WORLD SKATE STAFF

2.1. ACCOMMODATION

The Applicant must cover the expenses of full board and lodging of the following members of the World Skate Staff.

WORLD SKATE FAMILY	NO. OF PEOPLE	DAYS	ACCOMMODATION	HOTEL
MEMBERS OF THE INLINE SPEED SKATING TECHNICAL COMMISSION	1	2	dus	4/5 stars
INTERNATIONAL TECHNICAL OFFICIALS	3	2	dus	4/5 stars

*** The Head Judge shall be of different nationality from the Applicant**

2.1.2.Travel

The Applicant must provide flight tickets/train tickets for the World Skate Staff in economy class. Flight/train should be direct, if possible, or with connections as faster and as comfortable as possible.

Tickets shall be sent directly by the Applicant in due time to the people of the World Skate Staff, together with an invitation letter if necessary, for obtaining the visa, in accordance with the accommodation dates.

Travel costs (roundtrip) for members of the World Skate Staff living in cities/towns far from airports must be covered by the Applicant.

2.1.3. Transportation

The Applicant shall take over the responsibility and all the related costs of the Airport and/or Railway transfer service for all the members of the World Skate Staff, according to the schedule of their arrivals/departures.

2.1.4. Meal

The World Skate Staff is hosted on full board.

3.COMMUNICATION AND BROADCASTING

World Skate shall both directly and indirectly support the Applicant with experts well experienced in marketing and communications.

3.1. WORLD SKATE LOGO

World Skate Logo in vector format shall be sent by the Marketing and Communication Department to the Applicant immediately after the signing of the Contract.

Since the moment of assignment, the Applicant shall include World Skate official logo in all promotional documents, only in connection with the record attempt. Such use shall be subject to the prior written approval of World Skate.

3.2. MEDIA

Information Distribution:

The Applicant shall contribute to the promotion of Event information to national/local and international press.

The information to be distributed includes:

- 1 month before the event: an English press release (generated in co-operation with World Skate Communication Department) to launch the attempt and containing information regarding the venue, palmares of the applicant, venue Hi-Res photos, Applicant's Hi-Res photos.

- 1 week before the event: an English press release (generated in co-operation with World Skate Communication Department) to remind the attempt and containing information regarding the venue, palmares of the applicant, venue Hi-Res photos, Applicant's Hi-Res photos.

- During the record attempt: live streaming (also on World Skate social accounts/World Skate WebTV).

- Soon after the record validation: an English press release to present the record with results and Hi-Res photos. World Skate will distribute to the International Media and publish on the World Skate official website.

4. MEDICAL SERVICES

4.1. SPECIFICATIONS

Appropriate medical cover must be provided in the venue as follows:

- From the start of scheduled practice times, including any pre-competitions days.
- From at least one hour before the competition start time until the end of the performance.

Personnel

- Local medical doctor or paramedic; if two tracks are to be used simultaneously and are far from each other more than two minutes, the Hosts must provide Emergency cover for each track.

Equipment

- CPR (Cardiopulmonary) resuscitation equipment: to include defibrillator, ambubag, oxygen.
- Appropriate first aid equipment, including compression bandages, stretcher, crutches and a ready supply of ice.

Ambulance on-site (according to the local laws)

- Ambulance must be well-equipped, to a standard required for transporting any serious medical condition.

Logistics

- Good communication between the emergency medical personnel the World Skate Event Manager.
- Efficient method to summon medical help to the track.
- Efficient method to call the on-site ambulance.

Location

- World Championships must have a Medical room in the venue close to the competition area. The emergency service shall be stationed here.
- A Medical room (First Aid), easy reachable, shall be available for the spectators.
- Both must be clearly signed-posted.

Hospitals

- Access to a hospital with an emergency department must be available at all times.
- Contact details of hospitals to be used must be easily available.

Identification of medical staff must be easy (identifiable vests).

5. ANTIDOPING

Each skater registered for the attempt will be subjected to Doping Control.

All costs relating to the implementation of the anti-doping program foreseen for the event will be borne by the Applicant.

The following information are general. For more detailed information and a deep analysis of the Anti-Doping procedures please refer to "World Skate Anti-Doping Guidelines"

- Doping Control Officer(s) (DCO) supplied by the National Anti-Doping Organization (NADO) or accredited sample collection agency to manage the testing process strictly according to the WADA regulations.
- If DCOs need to stay overnight, the expenses of full board and lodging are in charge of the Host.
- Chaperones, one for each skater, adult and of the same gender of the athletes selected for doping control; they must have had adequate training.

Doping Control Station

- To be located as close to the competition venue as possible and signposted.

- To include at least:

  - small room with table 4 chairs, for processing samples, documentation
  - adjacent toilet (two separate toilets if males and females to be tested same day)
  - waiting room large enough for each notified fencer plus accompanying official
  - limited access procedure (security control at entrance)
  - Register for recording entry and departure from doping control station.

Equipment

- Approved sample collection bottles and equipment, containers and doping control forms from the NADO/ Sample Collection Authority.
- Sufficient, sealed, non-alcoholic drinks containing no prohibited substances.
- Secure cupboard/refrigerator.

Logistics

World Skate Anti-Doping Officer (World Skate Medical Delegate or Supervisor):

- to liaise with DCOs and Chaperones before each doping control session.
- Transport to be provided by the Host, after doping control, for the late return of the personnel involved (medical staff, skaters, accompanying officials) to hotels.

Doping Control Procedures

- If no Supervisor is present the Applicant must assign one of its members who has anti-doping knowledge as "Anti-Doping Officer".
- Analysis of samples must be performed by a WADA accredited laboratory.
- Full testing menu for inline skate endurance >1000mt MUST be requested

- A copy of each completed Doping Control Form (DCF) must be submitted to World Skate Medical Delegate / Anti-Doping Officer at the end of each Doping Control session.

NOTE: World Skate is the Test Authority and the Result Management Authority.

The Laboratory must therefore be instructed to send all Analytical Reports to World Skate.

6. SPECIFIC RULES

6.1. TRACK

The Hour Record endurance individual race is skated on a World Skate homologated track. See Annex A.

6.2. DOCUMENTATION

The Chief Referee is responsible for preparing and sign the minutes with the following items, in the Official World Skate forms:

a. Date and time of the attempt, the venue and the name of the Applicant.

b. The minutes must include the final skated distance and the list of times achieved lap by lap, and must be undersigned by the official electronic and manual time-keepers of the attempt.

6.3. THE SCHEDULE

The Hour Record attempt start time shall be set between 8:00 a.m. & 5:00 p.m. The time of the attempt will be set on the decision of the Applicant, in accordance with the World Skate Manager and the Chief Referee. In case a special circumstance hinders the normal performance of the attempt, the Chief Referee can stop it and determine if it can be restarted or cancelled. If the restart is allowed, it must be carried out within the schedule time (8:00 a.m. & 5:00 p.m.).

6.4. COVERED DISTANCE & TIME KEEPING

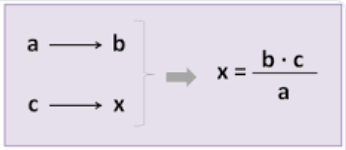
6.4.1. Covered Distance

The skated achieved distance is rounded down to the nearest meter.

To calculate the skated achieved distance when the time has expired, the Applicant must finish the lap. The time for the last lap makes it possible to determine, by means of the calculation, the average skated distance. As follows:

ATTEMPT SKATED ACHIEVED DISTANCE = Number of Laps ✕ Length of the Track ✚ Last Lap Skated Distance*

*LAST LAP SKATED DISTANCE (Rule of 3):



a. Last Lap Time	**b**. Length of the Track
c. Remaining Time to the Hour (beginning last lap)	= **X** (*Last Lap Skated Distance)

6.4.2. Timekeeping System

In order to have the record recognized, it is necessary to proceed accordingly to all the items of the Speed Technical World Skate General Regulations and to have electronic timekeeping.

Two (2) methods of timekeeping are to be used: automatic timekeeping photo-finish and/or transponders and manual timekeeping. Both methods must register the time lap by lap. Manual timekeeping procedure has to be put in place the attempt to be used as support for the final minutes.

6.4.3. Manual Timekeeping

For manual timekeeping only digital electronic watches shall be used. All watches used must have the capacity to measure and display times with an accuracy level of at least one hundred of second.

In order to guarantee determination of times, it is necessary to observe that the timekeeping jury is composed by one (1) Chief Time keeper and two (2) time keepers. Each timekeeper should use only one watch.

The timekeepers are to be positioned at start/finish line and start their watches at the moment when the flash from the shot fired by the Starter becomes visible.

6.4.4. Automatic timekeeping

The automatic timekeeping technology to be used shall be the one starting automatically by the firing of an electronic starting-gun.

To record the time spent by lap, a transponder based system or an electronic photo finish system worn by the Applicant, may be used.

6.5. THE SKATER

6.5.1. The Skates

Skates having a maximum of five (5) wheels, fastened in line are permitted. The skate must not exceed fifty (50) centimetres in length. Skates must be firmly attached to the shoes and axles are not to protrude from the wheels. Brakes are forbidden.

The maximum diameter of wheel must not exceed hundred and ten (110) millimetres.

6.5.2. The Helmet

The helmet must be a hard gear with international certification. It can present a profiled shape with profiled ends.

The Applicant is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety.

The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer. The Applicant must keep the helmet fastened during the attempt.

6.5.3. The Racing Suit

The Applicant must wear a racing suit with long or short sleeves.
Advertisements are free. Nevertheless, the racing suit must contain his national country emblems.

6.5.4. Other Equipments

a. A heart rate monitor and its corresponding watches are allowed.

b. Radios and earphones are allowed.

c. It is not allowed to skate with plaster, synthetic plaster or any hard contention.

d. Hydration system is allowed.

6.6. AREA OF CALL

The Applicant must be present at the area of call when required by the Chief Referee, with his complete equipment to be checked and validated.

6.7. COACHES AREA

An area reserved for the coaches must be located near the race course so that these can communicate with the Applicant during the race in accordance with the World Skate Manager, the Chief Referee and the Organizer. No coaches are allowed inside the track.

6.8. LAP COUNTER

The lap scorer shows the number of covered laps. The lap scorer changes each time the Applicant crosses the line.

6.9. THE BELL

As a function of the average time per lap by the Applicant, the Lap Counter judge must trigger the bell announcing the last lap.

6.10. THE START & FINISH PROCEDURE

6.10.1 The Starting Line

The starting line must be marked in the middle of the straightaway. This line is also used to determine the time per lap and to determine the beginning of the last lap.

6.10.2. The Starting Procedure

a. The applicant is called to the start line. The starter judge gives him the authorization to take his place on the starting line by saying "IN POSITION". The skater has up to five (5) seconds to take his spot at the start line.

b. The applicant is Standing up, his first skate must be in the box, not touching any line: front, laterals nor back line, his second skate can be in or out of the box.

c. At the command “SET” the skater assume his position and must remain immobile. Then, starter judge fires the gun to indicate the Hour Record attempt has begun.

If the Applicant has any problem after the signal "SET", he has the right to signal this problem to the starter judge by lifting a hand. In this case, the starter stops the procedure and resumes it all over again.

6.10.3. Finish Of The Attempt

a. The Speaker announces the remaining time before completing the Hour.

b. As a function of the average time per lap by the Applicant, the Lap Counter judge must trigger the bell announcing the last lap.

c. At the completion of the Hour, the Chief Referee announces it by one (1) pistol shot.

d. The Applicant must finish the last lap to calculate the covered distance of the lap.

e. If, between the expiry of the time indicating the end of the attempt and the end of the last lap, an unforeseen incident does not enable the complete lap to be finished, it is the time for the previous lap that would be used to calculate the additional skated distance.

6.11. TECHNICAL JUDGEMENT

a. Non Skating zone

The Applicant is not allowed to touch the Non skating zone. Art. 170 - Speed General Rulebook

b. Fall / Mechanical problem

If the Applicant falls down or has a mechanical problem, the time is not neutralized and he has to continue his attempt.

All situations, not specified in the present Handbook, will be governed by the Speed Technical Commission General Regulations.